

## PORMPUR PAANTHU NEWS WEEK

Issue 146: Monday 10 April 2023

## Youth Meek!

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PORMPUR PAANTHU	MON DAY	TUESDAY April 11	WEDNESDAY April 12	THURSDAY April 13	FRIDAY April 14
8.30- 9.30am	E	Staff Briefing		akfast l	
	S			ce, cereal, tea, cof	
ALL DAY	Т		Education and Career Exhibition ALL DAY, EVERY DAY at COMMUNITY HALL		
10am– 12pm	E R	Stalls Set Up	AMAŽING RAČE	ANDRE MOORE'S BIG FEAT BASKETBALL EXPERIENCE  School	ANDRE MOORE'S BIG FEAT BASKETBALL EXPERIENCE  School
12–1pm	H O L			mch	Thank you Speeches & Presentations
1pm– 4pm	I D A			ANDRE MOORE'S BIG FEAT BASKETBALL EXPERIENCE School	
4pm– 5pm	Y	Staff De-Briefing	De	-Briefing & Clean-	Uр
			BBQ 6pm @ Boomerang "MEET 'N GREET"	BBQ 6pm @ Boomerang ADF PRESENTATION	Disco



## Stay healthy this season

The change of seasons often brings more infections from respiratory viruses, like the flu and COVID-19.

Make sure you are ready this winter by staying up to date with your COVID-19 vaccinations and getting your flu vaccine.

Did you know? It's safe to get your flu and COVID-19 vaccines at the same time.

You can help slow down the spread of viruses in our communities by:

- Covering a cough with the inside of your elbow instead of your hand.
- Keep your hands clean, especially if you are making food or eating. Tip: carry hand sanitiser
- Stay 2 big steps away from others when possible.
- Stay home when you're feeling sick.

Book today with your healthcare worker.

For more information, visit health.gov.au, or call the National Coronavirus Helpline on 1800 020 080.



